

# HGTC Nursing

## PN STUDENT SKILLS CARD

Start Summer 2024

Student Name: \_\_\_\_\_

H #: \_\_\_\_\_

Clinical Skill	PNR110	PNR120	PNR130	PNR140	PNR154	Clinical Skill	PNR110	PNR120	PNR130	PNR140	PNR154
<b>Vitals: Adult</b>						<b>Elimination</b>					
a) Height / Weight						a) Enemas (Fleets, Soap Suds)					
<b>b) Oral Temp</b>						b) Stool Specimen					
c) Rectal Temp						<b>c) Urine Dipstick</b>					
d) Axillary Temp						d) 24 Hour Urine Specimen					
e) Tympanic / Temporal Temp						e) Clean Catch Urine					
<b>f) Apical Pulse</b>						f) Sterile Urine Specimen					
<b>g) Peripheral Pulse</b>						g) Bladder Scanner					
h) Doppler Pulse						h) In/Out Catheter					
<b>i) Respirations</b>						i) Foley Catheter Insertion					
<b>j) Blood Pressure</b>						j) D/C Foley Catheter					
k) SaO <sub>2</sub>						k) Catheter Care / Empty Bag					
						l) Bladder Irrigation					
<b>Hygiene / Safety</b>						m) Ostomy Care / Empty Pouch					
<b>a) Hand hygiene</b>											
<b>b) PPE / Standard Precautions</b>						<b>Comfort &amp; Mobility</b>					
<b>c) Occupied Bedmaking</b>						<b>a) Positioning</b>					
d) Assisted / Complete Bed Bath						<b>b) Ambulation/Standing</b>					
e) Oral Care						c) Transfer (to wheelchair, stretcher)					
f) Shampoo						<b>d) Transfer (bed to chair)</b>					
g) Foot Care						<b>e) ROM (active/passive)</b>					
h) Peri-Care						f) Use of Transfer Device					
i) Postmortem Care						g) Apply Cold/Heat					
<b>j) Head-to-Toe Observation</b>						h) Traction					
<b>Nutrition &amp; Hydration</b>						i) Crutch Walking					
<b>a) Oral Feeding</b>						j) Other Assistive Device					
<b>b) Tube Feeding (NG, Peg, other)</b>											
<b>c) Intake/Output Measurement</b>						<b>Tissue Integrity</b>					
<b>d) Blood Glucose Fingertick</b>						a) Wet to Dry Dressing					
e) NGT Insertion						<b>b) Clean Dressing Change</b>					
f) NGT Irrigation (PEG, NG, other)						<b>c) Sterile Dressing Change</b>					
h) NGT Removal						d) Remove Staples/Sutures					
i) Gastric Lavage						e) Empty Wound Drain					
j) TPN/PPN						f) Surgical Site Prep					
<b>k) Calorie Count</b>						g) Wound Vac					
<b>Emotional/Cognitive</b>						h) Sterile Field set-up					
<b>a) Therapeutic Communication</b>						i) Pre-op checklist					
<b>b) Psychosocial Observation</b>						<b>j) Sterile Gloves</b>					

Clinical Skill						Clinical Skill					
	PNR110	PNR120	PNR130	PNR140	PNR154		PNR110	PNR120	PNR130	PNR140	PNR154
<b>Oxygenation</b>						<b>Infusion Site Care</b>					
a) Turn, Cough, Deep Breath						a) D/C IV					
b) Incentive Spirometer						<b>b) Flush IV Site</b>					
c) Oropharyngeal Suctioning						<b>c) Change Primary IV Tubing</b>					
d) Tracheal Suctioning						d) Convert IV to PRN Adapter					
e) Nasal Cannula Administration						e) Central Line Dressing Change					
f) Face mask Administration						f) Program IV Pump					
g) Croup Tent											
i) Maintain Chest Drainage System											
j) Chest Tube Site Care											
						<b>Obstetrics</b>					
						<b>a) Fetal Heart Tones</b>					
						b) Postpartum Assessment					
						c) Monitor Strip					
<b>Perfusion</b>						<b>d) Fundus Check</b>					
a) Apply SCD's/TED Hose						e) Lochia assessment					
b) Apply Cardiac Leads						f) Peri Care					
c) Evaluate Cardiac Rhythm Strips						g) Breast Care					
d) Performing CPR						h) Sitz Bath					
e) Obtaining EKG											
f) Observe Blood Transfusion											
g) Doppler ultrasound						<b>Newborn/Pediatric</b>					
						a) Assessment					
<b>Medication Administration</b> All meds may NOT be performed without DIRECT supervision of the clinical instructor/preceptor						b) Apgar Score					
						c) Ballard Score /Developmental Screening					
<b>a) PO - ORAL</b>						d) Circumcision care					
<b>b) IM - INTRAMUSCULAR</b>						e) Feeding Education					
<b>c) SC -SUBCUTANEOUS</b>						f) Bili Light					
d) ID -INTRADERMAL						g) U-Bag Application					
e) SUPPOSITORY						h) Apnea Monitor					
f) OPHTHALMIC DROPS (eye)						i) Baby Bath					
g) OTIC DROPS (ear)						j) Bulb Suction					
h) TOPICAL/PATCH						k) Measurements (head, chest)					
i) INHALANTS						l) Newborn Med Administration					
<b>j) IV PRIMARY FLUIDS</b>						j) CCHD					
<b>k) IV PIGGYBACK</b>						<b>k) Anticipatory Guidance Education</b>					
l) MEDS via TUBE (PEG, NG, etc.)											
<b>m) Mix Powdered Medications</b>											
<b>n) Insulin Mix</b>						<b>CPR Independent Study each semester</b>					
<b>o) Rate Calculations</b>											

**Instructions:** If performance is **satisfactory**, clinical instructor must sign initials in each semester and each row. **Bolded** skills must be successfully completed in the clinical setting prior to graduation.

Instructors Signature \_\_\_\_\_

Instructors Signature \_\_\_\_\_

Instructors Signature \_\_\_\_\_

Instructors Signature \_\_\_\_\_

Instructors Signature \_\_\_\_\_

Instructors Signature \_\_\_\_\_

## NURSING CLINICAL SKILLS VALIDATION CHECKLIST

Maintaining this clinical Skills checklist is the responsibility of the student. It is to be used as a guide for seeking out appropriate and needful learning experiences during the clinical time throughout the nursing program.

The following clinical skills indicated in **Bold** must be successfully completed in the clinical setting prior to graduation. If more than 7% of the required skills have not been performed satisfactorily by the end of the final semester, the student must perform a satisfactory return demonstration in the lab-setting. Those skills not asterisked in the left-hand margin will be validated as clinical opportunities are available.

Skills typed in small letters may be performed independently after instructor validation in the clinical setting. The skills typed in all CAPITAL LETTERS may not be performed without direct supervision of the instructor/preceptor.

The instructors must **initial** the clinical skills as it is performed satisfactorily in the clinical setting for each semester. If the skills is performed unsatisfactorily, then, the instructor places a **red asterisk** in the designated sign-off slot, but does not initial it.