

HGTC Nursing

ADN STUDENT SKILLS CARD

Student Name: _____

H #: _____

Clinical Skill	NUR 101	NUR 120	NUR 150	NUR 220	NUR 221	NUR 201
Vitals: Adult						
a) Height / Weight						
b) Oral Temp						
c) Rectal Temp						
d) Axillary Temp						
e) Tympanic / Temporal Temp						
f) Apical Pulse						
g) Peripheral Pulse						
h) Doppler Pulse						
i) Respirations						
j) Blood Pressure						
k) SaO ₂						
Hygiene / Safety						
a) Hand hygiene						
b) PPE / Standard Precautions						
c) Occupied Bedmaking						
d) Assisted / complete Bath						
e) Oral Care						
f) Shampoo						
g) Foot Care						
h) Peri-Care						
i) Postmortem Care						
j) Head-to-Toe Assessment						
Nutrition & Hydration						
a) Oral Feeding						
b) Tube Feeding (NG, Peg, other)						
c) Intake/Output Measurement						
d) Blood Glucose Fingerstick						
e) NGT Insertion						
f) NGT Irrigation (PEG, NG, other)						
h) NGT Removal						
i) Gastric Lavage						
j) TPN/PPN						
k) Calorie Count						
Emotional/Cognitive						
a) Therapeutic Communication						
b) Psychosocial Assessment						

Clinical Skill	NUR 101	NUR 120	NUR 150	NUR 220	NUR 221	NUR 201
Elimination						
a) Enemas (Fleets, Soap Suds)						
b) Stool Specimen						
c) Urine Dipstick						
d) 24 Hour Urine Specimen						
e) Clean Catch Urine						
f) Sterile Urine Specimen						
g) Bladder Scanner						
h) In/Out Catheter						
i) Foley Catheter Insertion						
j) D/C Foley Catheter						
k) Catheter Care / Empty Bag						
l) Bladder Irrigation						
m) Ostomy Care / Empty Pouch						
Comfort & Mobility						
a) Protective Positioning						
b) Ambulation / Standing						
c) Transfer (to wheelchair, stretcher)						
d) Transfer (bed to chair)						
e) ROM (active/passive)						
f) Use of Transfer Device						
g) Apply Cold/Heat						
h) Traction						
i) Crutch Walking						
j) Other Assistive Device						
Tissue Integrity						
a) Wet to Dry Dressing						
b) Clean Dressing Change						
c) Sterile Dressing Change						
d) Remove Staples/Sutures						
e) Empty Wound Drain						
f) Surgical Site Prep						
g) Wound Vac						
h) Sterile Field set-up						
i) Pre-op checklist						
j) Sterile Gloves						

Clinical Skill	NUR 101	NUR 120	NUR 150	NUR 220	NUR 221	NUR 201
Oxygenation						
a) Turn, Cough, Deep Breath						
b) Incentive Spirometer						
c) Oropharyngeal Suctioning						
d) Tracheal Suctioning						
e) Nasal Cannula Administration						
f) Face mask Administration						
g) Croup Tent						
h) Assist Ventilations (BMV device)						
i) Maintain Chest Drainage System						
j) Chest Tube Site Care						
Perfusion						
a) Apply SCD's/TED Hose						
b) Apply Cardiac Leads						
c) Interpret Cardiac Rhythm Strips						
d) Venipuncture blood draw						
e) Performing CPR						
f) Obtaining EKG						
g) Observe Blood Transfusion						
h) Doppler ultrasound						
Medication Administration						
Meds may NOT be performed without DIRECT supervision of the clinical instructor/preceptor						
a) PO - Oral						
b) IM - Intramuscular						
c) SC –Subcutaneous						
d) ID -Intradermal						
e) Suppository						
f) Ophthalmic Drops (eye)						
g) Otic Drops (ear)						
h) Topical Patch						
i) Inhalants						
j) IV Primary Fluids						
k) IV Piggyback						
l) IV Push						
n) MEDS via Tube (PEG, NG, etc.)						
o) Mix Powdered Medications						
p) Insulin Mix						
q) Rate Calculations						

Clinical Skill	NUR 101	NUR 120	NUR 150	NUR 220	NUR 221	NUR 201
Infusion Site Care						
a) Start IV						
b) D/C IV						
c) Flush IV Site						
d) Change Primary IV Tubing						
e) Convert IV to PRN Adapter						
f) Central Line Dressing Change						
g) Program IV Pump						
Obstetrics						
a) Fetal Heart Tones						
b) Postpartum Assessment						
c) Monitor Strip						
d) Fundus Check						
e) Lochia assessment						
f) Peri Care						
g) Breast Care						
h) Sitz Bath						
Newborn/Pediatric						
a) Assessment						
b) Apgar Score						
c) Ballard Score/Developmental Screening						
d) Circumcision care						
e) Feeding Education						
f) Bili Light						
g) U-Bag Application						
h) Apnea Monitor						
i) Baby Bath						
j) Bulb Suction						
k) Measurements (head, chest)						
l) Newborn Med Administration						
j) CCHD						
k) Anticipatory Guidance						
CPR (Independent Study each semester)						
Blood Products						

Instructions: If performance is **satisfactory**, clinical instructor must sign initials in each semester and each row. **Bolded** skills must be successfully completed in the clinical setting prior to graduation.

Instructor's Signature _____

Instructor's Signature _____

Instructor's Signature _____

Instructor's Signature _____

Instructor's Signature _____

Instructor's Signature _____