



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.BlueChoiceSC.com or by calling 1-800-868-2528.

| Important Questions | Answers | Why this Matters: |
|--|--|---|
| What is the overall <u>deductible</u> ? | \$250 individual / \$500 family Doesn't apply to preventive care and prescription medication. Co-pays do not accumulate towards deductible. | You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> . |
| Are there other <u>deductibles</u> for specific services? | No | You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers. |
| Is there an <u>out-of-pocket limit</u> on my expenses? | Yes. \$2,250 individual / \$4,500 family | The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses. |
| What is not included in the <u>out-of-pocket limit</u> ? | Co-pays, premiums, balance-billed charges, deductibles and health care this plan doesn't cover. | Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> . |
| Is there an overall annual limit on what the plan pays? | No | The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits. |
| Does this plan use a <u>network of providers</u> ? | Yes. For a list of participating providers see www.BlueChoiceSC.com or call 1-800-868-2528. | If you use an in-network doctor or other health care <u>provider</u> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <u>provider</u> for some services. Plans use the term in-network, <u>preferred</u> , or participating for <u>providers</u> in their <u>network</u> . See the chart starting on page 2 for how this plan pays different kinds of <u>providers</u> . |
| Do I need a referral to see a <u>specialist</u> ? | Yes | This plan will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have the plan's permission before you see the <u>specialist</u> . |
| Are there services this plan doesn't cover? | Yes | Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <u>excluded services</u> . |

Questions: Call 1-800-868-2528 or visit us at www.BlueChoiceSC.com. If you aren't clear about any of the bolded terms used in this form, see the Glossary. You can view the Glossary at <http://dol.gov/ebsa/pdf/SBCUniformGlossary.pdf> or call to request a copy. BlueChoice HealthPlan is an independent licensee of the Blue Cross and Blue Shield Association.



- **Co-payments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Co-insurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **co-insurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**).
- This plan may encourage you to use participating **providers** by charging you lower **deductibles**, **co-payments** and **co-insurance** amounts.

| Common Medical Event | Services You May Need | Your cost if you use an | | Limitations & Exceptions |
|---|--|---|-------------------------|--|
| | | In-network Provider | Out-of-network Provider | |
| If you visit a health care provider's office or clinic | Primary care visit to treat an injury or illness | \$15 co-pay / visit | Not Covered | —————none————— |
| | Specialist visit | \$45 co-pay / visit | Not Covered | Prior authorization required |
| | Other practitioner office visit | \$5 co-pay / visit | Not Covered | Doctors Care and CVS Minute Clinics |
| | Preventive care/screening/immunization | \$15 co-pay / visit | Not Covered | —————none————— |
| If you have a test | Diagnostic test (x-ray, blood work) | \$100 per visit and 15% for first 3 visits per Benefit Period, 15% for visits 4 and up per Benefit Period | Not Covered | \$0 for labs provided at LabCorp |
| | Imaging (CT/PET scans, MRIs) | \$100 per visit and 15% for first 3 visits per Benefit Period, 15% for visits 4 and up per Benefit Period | Not Covered | —————none————— |
| If you need drugs to treat your illness or condition | Generic drugs | \$20 co-pay retail | Not Covered | Covers up to a 31-day supply retail prescription. Certain prescriptions may require prior authorization or have dosage limits. You will have to pay more if you select a brand-name drug instead of a generic drug |
| | Preferred brand drugs | \$40 co-pay retail | Not Covered | |
| | Non-preferred brand drugs | \$60 co-pay retail | Not Covered | |
| More information about prescription | | | | |

| Common Medical Event | Services You May Need | Your cost if you use an | | Limitations & Exceptions |
|---|--|---|-------------------------|---|
| | | In-network Provider | Out-of-network Provider | |
| <u>drug coverage</u> is available at www.caremark.com . | Specialty drugs | Injectable: \$125 co-pay per administration \$80 co-pay per administration for select drugs Oral: \$125 co-pay | Not Covered | Covers up to a 31-day supply for Oral prescription. Certain prescriptions may require prior authorization or have dosage limits. |
| If you have outpatient surgery | Facility fee (e.g., ambulatory surgery center) | \$100 per visit and 15% for first 3 visits per Benefit Period, 15% for visits 4 and up per Benefit Period | Not Covered | Ambulatory Surgery Center covered at \$45 per visit |
| | Physician/surgeon fees | 15% coinsurance | Not Covered | —————none————— |
| If you need immediate medical attention | Emergency room services | \$125 co-pay / visit then 15% | Not Covered | —————none————— |
| | Emergency medical transportation | 15% co-insurance | Not Covered | —————none————— |
| | Urgent care | \$35 co-pay / visit | Not Covered | —————none————— |
| If you have a hospital stay | Facility fee (e.g., hospital room) | \$200 per admission, then 15% coinsurance | Not Covered | Prior authorization required except for an emergency admission |
| | Physician/surgeon fee | 15% co-insurance | Not Covered | —————none————— |

| Common Medical Event | Services You May Need | Your cost if you use an | | Limitations & Exceptions |
|---|--|---|-------------------------|---|
| | | In-network Provider | Out-of-network Provider | |
| If you have mental health, behavioral health, or substance abuse needs | Mental/Behavioral health outpatient services | \$100 per visit and 15% for first 3 visits per Benefit Period, 15% for visits 4 and up per Benefit Period | Not Covered | Prior authorization required. |
| | Mental/Behavioral health inpatient services | \$200 per admission, then 15% coinsurance | Not Covered | Services at a Residential Treatment Center are not covered. |
| | Substance use disorder outpatient services | \$100 per visit and 15% for first 3 visits per Benefit Period, 15% for visits 4 and up per Benefit Period | Not Covered | Behavioral Therapy (ABA) limited to \$52,100 per Benefit Period. |
| | Substance use disorder inpatient services | \$200 per admission, then 15% coinsurance | Not Covered | |
| If you are pregnant | Prenatal and postnatal care | \$45 first visit then 15% coinsurance | Not Covered | Prior authorization required No additional co-pay for ongoing routine care |
| | Delivery and all inpatient services | \$200 per admission, then 15% coinsurance | Not Covered | Prior authorization required Home births are not covered |
| If you need help recovering or have other special health needs | Home health care | 15% co-insurance | Not Covered | —————none————— |
| | Rehabilitation services | 15% co-insurance | Not Covered | Prior authorization required |
| | Habilitation services | Not Covered | Not Covered | —————none————— |
| | Skilled nursing care | 15% co-insurance | Not Covered | Prior authorization required 120 days per Benefit Period |
| | Durable medical equipment | 15% co-insurance | Not Covered | Prior Authorization required Initial device only |
| | Hospice service | 15% co-insurance | Not Covered | Prior authorization required |
| | Outpatient Private Duty Nursing | 15% co-insurance | Not Covered | Prior authorization required 60 visits per Benefit Period |
| If your child needs dental or eye care | Eye exam | Not Covered | Not Covered | —————none————— |
| | Glasses | Not Covered | Not Covered | |

| Common Medical Event | Services You May Need | Your cost if you use an | | Limitations & Exceptions |
|----------------------|-----------------------|-------------------------|-------------------------|--------------------------|
| | | In-network Provider | Out-of-network Provider | |
| | Dental check-up | Not Covered | Not Covered | —————none————— |

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other [excluded services](#).)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)
- Hearing Aids
- Infertility treatment
- Long-term care
- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Chiropractic Care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-868-2528. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: BlueChoice HealthPlan, Appeals Department, Mail Code AX-325, PO Box 6170, Columbia, SC 29260-6170.

Language Access Services:

To obtain assistance in your specific language, call the customer service number shown on the first page of this notice.

Spanish: Para obtener asistencia en español, llame al número de atención al cliente que aparece en la primera página de esta notificación.

Tagalog: Upang makakuha ng tulong sa Tagalog, tawagan ang numero ng *customer service* na makikita sa unang pahina ng paunawang ito.

Chinese: 如需中文服务，请致电列于本通知首页的客户服务号码。

Navajo T'áá Dinéjį shíł hane'go shíká i'doolwoł nínízingo éí Nidaalnishígíí Áká Anídaatwo'ígíí, customer service, bich'į' hodiilnih. Bik'ehgo bich'į' hane'ígíí éí díí naaltsoos neiyi'níligíí akáa'gi siltsoozígíí bikáá' íishjééh.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



**This is
not a cost
estimator.**

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby (normal delivery)

- **Amount owed to providers: \$7,540**
- **Plan pays \$6,816**
- **Patient pays \$724**

Sample care costs:

| | |
|----------------------------|----------------|
| Hospital charges (mother) | \$2,700 |
| Routine obstetric care | \$2,100 |
| Hospital charges (baby) | \$900 |
| Anesthesia | \$900 |
| Laboratory tests | \$500 |
| Prescriptions | \$200 |
| Radiology | \$200 |
| Vaccines, other preventive | \$40 |
| Total | \$7,540 |

Patient pays:

| | |
|----------------------|--------------|
| Deductibles | \$250 |
| Co-pays | \$298 |
| Co-insurance | \$26 |
| Limits or exclusions | \$150 |
| Total | \$724 |

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- **Amount owed to providers: \$5,400**
- **Plan pays \$3,918**
- **Patient pays \$1,482**

Sample care costs:

| | |
|--------------------------------|----------------|
| Prescriptions | \$2,900 |
| Medical Equipment and Supplies | \$1,300 |
| Office Visits and Procedures | \$700 |
| Education | \$300 |
| Laboratory tests | \$100 |
| Vaccines, other preventive | \$100 |
| Total | \$5,400 |

Patient pays:

| | |
|----------------------|----------------|
| Deductibles | \$250 |
| Co-pays | \$962 |
| Co-insurance | \$191 |
| Limits or exclusions | \$79 |
| Total | \$1,482 |

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **co-payments**, and **co-insurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

- ✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

- ✗ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

- ✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

- ✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **co-payments**, **deductibles**, and **co-insurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.