Spring Menu

Breakfast items...  
Breakfast sandwiches $1.95  
Muffin variety $1.75  
Cheese Danish $1.95  
Fresh Fruit cup $1.95  
Yogurt parfait $1.95  
Bagel with cream cheese $1.75c  

Snacks...  
Gourmet chip variety 95c  
Homemade Quiche $2.50  
Sabra hummus $2.95  
Cookie variety 95c  
Dessert bars, brownies $1.75  
Otis cookie variety $1.25  

Daily Specials also available on homemade baked goods & desserts. Seasonal items also offered.

Beverages... Fresh brewed coffees, Cappuccino’s, Tazo teas, Milk, Yahnis products and bottled water. Naked juices and Red bull also available.

Sandwiches...  
1/2 sandwich $2.75 whole $3.75  
Egg Salad, Chicken Salad, Tuna salad, Cranberry pecan chicken salad  
Roasted turkey or Beef, Honey smoked ham, Cheese, Lettuce.

Chefs salad.... $3.95  
Made fresh daily in house.... Lettuce blend, chicken, cheddar, egg, cucumbers, tomato...  
1 Kens dressing pack included, additional dressing 30c

Scoop salad ... Chicken salad or cranberry pecan chicken salad $2.95  
Italian pasta Salad... pasta, red onion, broccoli, Basil, tomatoes $2.50  
Broccoli salad... Broccoli, red onion, pecans, crazins, bacon and mayo $2.25  
Savory Pockets... Choose from Pepperoni or Canadian bacon, egg & cheese $1.95  
Redskin dill potato salad... with sour cream mayo $2.25  
Soup of The Day... $2.95  
Soup & Sandwich Combo... $3.95  

Our soups are made fresh daily in house, wafers or crackers included

Hot Grab n Go items... Pizza by the slice, Cheeseburgers,  
Items rotate daily $1.95 to $2.50