

## MTH — Massage Therapy

### **MTH 113 Essentials of A&P for Massage** 2-3-3

**Prerequisites:** MTH 136 and MTH 120 and MTH 121 and MTH 122

**Corequisites:** MTH 128, MTH 132, MTH 135

This course will focus on the pre-massage assessment of each body region including signs and symptoms relating to pathological conditions. Specific emphasis will be given to the skeletal, muscular, cardiovascular and nervous systems.

### **MTH 120 Introduction to Massage** 4-0-4

A comprehensive introduction to therapeutic massage including history, theories, benefits, contraindications, ethical considerations, and S.C. Law for licensure. Swedish techniques are introduced.

### **MTH 121 Principles of Massage I** 3-3-4

This course is an in-depth study of Swedish massage techniques and applications to a complete body massage.

### **MTH 122 Principles of Massage II** 3-3-4

**Corequisites:** MTH 121, MTH 136, MTH 120

This course introduces basic assessment skills and application of therapeutic techniques to muscles, tendons, ligaments, and other structures.

### **MTH 128 Clinical Apps of Massage** 2-6-4

**Prerequisites:** MTH 136 and MTH 120 and MTH 121 and MTH 122

**Corequisites:** MTH 113, MTH 132, MTH 135

Students will perform massage therapy in a clinical massage setting. Students will be closely supervised and evaluated by instructors in all aspects of massage.

### **MTH 132 Massage Therapy Seminar** 1-0-1

**Prerequisites:** MTH 136 and MTH 120 and MTH 121 and MTH 122

**Corequisites:** MTH 128, MTH 113, MTH 135

This course includes the integration of didactic and clinical techniques in Massage Therapy. This course is the study of the skills needed to enter the professional arena, including resume writing, interviewing, professional decision making, and preparation for the Massage & Bodywork Licensing Examination.

### **MTH 135 Massage Practicum** 0-6-2

This course provides practical experience in all aspects of therapeutic massage application using advanced techniques & specialized modalities in the professional setting. Students will observe facility & business operations under supervision of licensed massage therapists or licensed medical staff.

### **MTH 136 Kinesiology for Massage Therap** 1-3-2

This course is a study of body movement and the body's muscular and structural factors, such as posture and gait, in relation to massage therapy. Specific emphasis will be placed on the affects of massage therapy on the way the body reacts during various activities.