# COMMUNITY RESOURCES



# **Community Resources Guide**

In this guide, we have provided you with resources available in the community.

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#### **Disability Assistance**

Commission for the Blind 888-335-5951 toll free 843-248-2017 Conway https://www.sccb.sc.gov/services/

Family Connection of South Carolina Serves families of children with disabilities and chronic health conditions. 800-578-8750 <u>https://www.familyconnectionsc.org/</u>

Georgetown County Disabilities and Special Needs 800-289-7012 https://gcbdsn.com/

Horry County Disabilities and Special Needs 843-347-3010 http://hcdsn.org

SOS Care Direct service provider that empowers those with autism and intellectual disabilities to thrive on their own. 843-449-0554 https://soscaresc.org/

Vocational Rehabilitation Prepares and assists eligible South Carolinians with disabilities to achieve and maintain competitive employment. Horry County 843-248-2235 Georgetown County 843-546-2595 https://scvrd.net/offices

#### **Domestic Violence, Rape & Sexual Assault**

Family Justice Center Works with local agencies to provide comprehensive coordinated services to victims of domestic violence and educational programs for our community. Horry and Georgetown Counties 24/7 Crisis Hotline 844-208-0161 https://www.fjcgtownhorry.org/ National Domestic Violence Hotline 24/7 800-799-SAFE (7233) Text START to 88788 https://www.thehotline.org/

National Sexual Assault Hotline 24-hour online hotline 1-800-656-HOPE (1-800-656-4673) https://ohl.rainn.org/online/

Rape Crisis Center of Horry & Georgetown Counties 24/7 Crisis Hotline 843-448-7273 http://victimtosurvivor.org/

#### **Emergency & Disaster Assistance**

American Red Cross 843-477-0020 https://www.redcross.org/get-help.html

Churches Assisting People Assist members of the community experiencing crisis with basic needs. Conway 843-488-2277 https://www.capconway.org/

SAMHSA's Disaster Distress Helpline 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters. Call or text <u>1-800-985-5990</u> to connect with a trained crisis counselor. <u>https://www.samhsa.gov/find-help/disaster-distress-helpline</u>

Helping Hand of Myrtle Beach Assist individuals and families with immediate, short-term needs such as food, rent, utilities, and other specialized services. 843-448-8451 <u>https://www.helpinghandmb.org/ourservices</u> North Strand Helping Hand Emergency aid organization that strives to meet the immediate needs of the North Strand community. 843-399-0862 <u>https://northstrandhelpinghand.org/</u>

SC Thrive Helps South Carolinians access what they need to be physically, mentally, and financially healthy. 800-726-8774 https://scthrive.org/

The Salvation Army Horry County 843-488-2769 https://southernusa.salvationarmy.org/horry-county/ Georgetown County 843-527-4479 https://southernusa.salvationarmy.org/georgetown/

United Way 211 Connects people with important community services to meet everyday needs and the immediate needs of people in crisis. Dial 211 or 866-892-9211 https://sc211.org/

#### Food Pantries & Soup Kitchens

Caring and Sharing Help those with disabilities and senior citizens on low income. Hemingway 843-558-7966

Coastal Rescue Mission Distribute food to the needy. 843-650-1352

Community Kitchen of Myrtle Beach Provide breakfast and lunch to those in need. 843-444-9383 https://communitykitchenmb.org/ Friendship Place Addresses unmet needs of those in need in Georgetown county. Georgetown 843-545-1115 <u>https://friendshipplaceinc.org/programs/</u>

HGTC Food Pantry Provides non-perishable food and personal care items to meet the needs of anyone affiliated with HGTC, free and confidentially. <u>https://www.hgtc.edu/current\_students/pantry.html</u> <u>hgtc-pantry@hgtc.edu</u>

Mobile Meals of the Grand Strand Provide meal service to the ill, elderly, disabled, shut-ins and other persons in Horry County who are handicapped in their ability to obtain adequate nutrition for themselves. North Myrtle Beach 843-280-9066 Myrtle Beach arthursrt@gmail.com South Strand 843-251-5213 https://www.mobilemealsofthegrandstrand.com/

#### **Government Supported Programs**

Medicaid 888-549-0820 https://www.scdhhs.gov/Getting-Started

SC Voucher Program (Child care) (800) 476-0199 https://www.scchildcare.org/programs/sc-voucher/

Supplemental Nutrition Assistance Program (SNAP) 800-616-1309 https://dss.sc.gov/assistance-programs/snap/

Temporary Assistance for Needy Families (TANF) 800-616-1309 https://dss.sc.gov/assistance-programs/tanf/ Women Infants and Children (WIC) 855-472-3432 https://scdhec.gov/how-apply-wic

#### **Housing Assistance**

Eastern Carolina Housing Organization (ECHO) Assists individuals and families facing homelessness. 843-213-1798 https://echousing.org/

Housing Authority of Conway 843-248-7327 https://housingauthorityofconway.com/

Georgetown Housing Authority 843-546-9621 https://www.gtownhousing.org/

Housing Authority of Myrtle Beach 843-918-1525 https://mbhaonline.org/

Local Housing Search https://offcampusliving.coastal.edu/

#### Income Based Medical Assistance

Classy Smiles (Dental) 843-957-0001 https://classysmiles.org/

Friendship Medical Clinic Provides free healthcare services = for low-income, uninsured adults, in Horry County. 843-347-7199 <u>https://www.friendshipmedicalclinic.org/</u>

Little River Medical Center Primary Care, Behavioral Health Care, and many other healthcare services. Six locations in Horry County 843-663-8000 https://www.lrmcenter.com/ Smith Free Medical Clinic (Georgetown County) 843-237-2672 https://smithfreeclinic.org/

Legal Assistance South Carolina Legal Services 888-346-5592 https://sclegal.org/ https://www.lawhelp.org/sc

#### Mental Health & Substance Abuse

## a. Counseling Centers & Behavioral Health Treatment Centers

2406 Clinic on Madison Telehealth Counseling & Psychiatry Services Accepts Medicaid and Reduced Fees for Uninsured 843-663-0748

ACCESS FAVOR

Dedicated to supporting individuals, families, and community members facing the complex challenges associated with substance use disorder. Offers comprehensive assistance, including HIV & HCV testing, individual and group peer support, recovery meetings, harm reduction services, and essential harm reduction supplies.

Conway 843-488-1011 ACCESSFAVOR.org

The Beacon Intensive Outpatient Program for Mental Health and Addiction Medicare and most Major Medical insurance accepted Conway 843-234-6139

Breaking Barriers A program of United Way of Horry County Free, Outpatient Mental Health & Substance Abuse Counseling to those who qualify 843-663-0770 <u>https://unitedwayhorry.org/breakingbarriers/</u> The Center for Counseling and Wellness Outpatient Counseling North Myrtle Beach, Surfside Beach & Loris locations 843-663-0770 <u>https://www.thecenter4counseling.com/</u>

Coastal Samaritan Counseling Center (Faith based) Outpatient Counseling Myrtle Beach, North Myrtle Beach & Loris locations 843-448-4820 <u>https://coastalsamaritan.org/</u>

Crossroads Outpatient counseling and medication assisted treatment for substance use disorders Myrtle Beach 800-805-6989 https://www.crossroadstreatmentcenters.com/

Little River Medical Center Behavioral Health services for current patients Little River, Loris, & Myrtle Beach locations 843-663-8000 https://www.Irmcenter.com/patient-information/our-locations/

Lifestance Health Outpatient Counseling and Psychiatry Myrtle Beach 843-501-1099 https://lifestance.com/location/myrtle-beach-sc-608/

Lighthouse Behavioral Health Hospital Inpatient and Intensive Outpatient Treatment Conway 843-347-8871 https://lighthousebehavioral.com/treatments-services/

Oceanic Counseling Group Outpatient Counseling Myrtle Beach & Murrells Inlet locations 843-894-0000 https://oceaniccounseling.com/

#### SC Hopes

Anonymously take a self-check questionnaire and connect with a professional counselor here: <u>https://hope.connectsyou.org/welcome.cfm</u>

SC Hopes Support line: 1-844-724-6737 to connect with an experienced mental health and addiction counselor 24/7

\*Not a crisis intervention service

Shoreline Behavioral Health Services Intensive Outpatient Treatment & Outpatient Counseling Conway 843-365-8884 <u>https://shorelinebhs.org/</u>

South Strand Medical Center Inpatient & Outpatient Behavioral Health Treatment 843-839-6112 https://mygrandstrandhealth.com/specialties/behavioral-health/

St. James Health and Wellness Mental Health and Substance Abuse Outpatient Services Georgetown 843-436-1333 http://stjamessanteefhc.com/index.php/fraser-st-site/

SAMHSA's National Helpline (also known as the Treatment Referral Routing Service) <u>1-800-662-HELP (4357)</u> or TTY: <u>1-800-487-4889</u> is a confidential, free, 24-hour-a-day, 365-daya-year, information service, in English and Spanish, for individuals and family members facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations. Also, send your zip code via text message: <u>435748</u> (HELP4U) to find help near you.

https://www.samhsa.gov/find-help/national-helpline

The Counseling Center of Sayebrook Outpatient Counseling and ADHD Testing Surfside Beach 843-213-2659 https://thecounselingcenterofsayebrook.com/ The Peer Connection Substance Abuse Peer Support & All Recovery Meetings Horry & Georgetown Counties 843-668-2948 <u>https://thepeerconnection.org/</u>

Waccamaw Center for Mental Health Outpatient Mental Health Treatment Conway location 843-347-4888 Myrtle Beach location 843-492-2795 Georgetown location 843-546-6107 https://scdmh.net/waccamaw-community-mental-health-center/

#### b. Mental Health Crisis Resources

South Carolina Mobile Crisis 24/7/365 833-364-2274

988 Suicide and Crisis Lifeline 24/7 Text or Call 988 https://988lifeline.org/

Crisis Text Line 24/7 Text HOME to 741741 1-800-273-TALK (8255) https://www.crisistextline.org/

LGBT National Help Center LGBT National Hotline 888-843-4564 LGBT National Youth Hotline 800-246-7743 LGBT National Senior Hotline 888-234-7243 LGBT National Coming Out Support Hotline 888-688-5428 https://www.lgbthotline.org/

Trans Lifeline Trans Lifeline's Hotline is a peer support phone service run by trans people for our trans and questioning peers. Call us if you need someone trans to talk to, even if you're not in crisis or if you're not sure you're trans. 877-565-8860 https://translifeline.org/ The Trevor Lifeline (Suicide Prevention for LGBTQ Youth) 866-4-U-TREVOR (1-866-488-7386) https://www.thetrevorproject.org/

Treatment Referral Hotline (Substance Abuse) 1-800-662-HELP (1-800-662-4357)

Veterans Crisis Line 24/7 Confidential Crisis Support Dial 988 then press 1 or text 838255 https://www.veteranscrisisline.net/

### c. General Mental Health Information

National Alliance on Mental Illness (NAMI) https://namisc.org/

National Institute on Mental health <u>https://www.nimh.nih.gov/health</u>

Substance Abuse and Mental Health Services Administration <a href="https://www.samhsa.gov/">https://www.samhsa.gov/</a>

#### **Pregnancy & Parenting**

Coastline Women's Center Unplanned pregnancy services 843-488-9971 Conway 843-877-5653 Myrtle Beach https://coastlinewomenscenter.org/

Family Outreach of Horry County Parenting support and education 843-234-2350 <u>https://family-outreach.org/</u>

A Father's Place Programs and support for fathers 843-488-2923 Conway & Georgetown <u>https://www.afathersplace.org/</u> Nurse Family Partnership Empowers first time mothers to create better futures for themselves and their babies. 843-915-8887 Horry & Georgetown https://www.nursefamilypartnership.org/locations/south-carolina/

#### **Shelters**

New Directions of Horry County Help people recover from the crises of homelessness, poverty, and addiction by providing basic needs, connections to resources, and community support. 843-945-4902 <u>https://helpnewdirections.org/</u>

North Strand Housing Shelter Provide food, bath and bed for those seeking our services 843-756-9488 <u>http://www.northstrandhousingshelter.org/</u>

Sea Haven Housing Our Youth program provides scattered site housing services to young adults ages 18-24 who are at-risk, experiencing homelessness, or fleeing domestic violence situations. 843-213-1133 https://www.seahavenyouth.org/

## **Transportation Assistance**

Coast RTA Paratransit Service 843-488-0865 https://coastrta.com/

Neighbor to Neighbor Now providing transportation to mental health clients through Breaking Barriers Grant 843-839-0702 https://riden2n.org/

WRCOG – Assisted Rides 843-436-2110 https://wrcog.org/area-agency-on-aging/assisted-rides/

#### **Veterans Assistance**

Veterans Crisis Line 24/7 Confidential Crisis Support Dial 988 then press 1 or text 838255 https://www.veteranscrisisline.net/

Myrtle Beach VA Clinic 843-477-0177 Main Phone 843-789-7311 Mental Health Care <u>https://www.va.gov/charleston-health-care/locations/myrtle-beach-va-clinic/</u>

Veterans Affairs – Peer Specialist Bernard McLeroy – Peer Specialist/ Local Liaison 843-477-0177 ext. 2487

Myrtle Beach Veteran's Center Chris L. Aranda – Veterans Outreach Program Specialist Christopher.Aranda@va.gov 843-232-2441 Horry County Veterans Affairs 843-915-5480 https://www.horrycountysc.gov/departments/veterans-affairs/